



Dr. Sundardas D. Annamalay ND, PhD, MD(MA), DSc
*Naturopathic Physician, Homoeopath,
 Clinical Nutritionist (License Australia),
 Acupuncturist (License Singapore)*

Specialised Training and Recognition

Professor, Youngson Institute of Natural Science (Australia, Singapore)
 Visiting Professor, Open International University of Complementary Medicine (Sri Lanka)
 President, Society of Natural and Alternative Health Therapists (Singapore)
 Bachelor of Science (Physics) (NUS)

Acupuncture

Classical Acupuncture (Singapore)
 German Acupuncture (EAV) (Germany)
 Facial Rejuvenation Acupuncture (USA)
 Abdominal Acupuncture (Singapore)
 Biomesotherapy (Australia)

Nutrition and Naturopathy

Bachelors, Masters and Doctorate in Naturopathy (Australia and USA)
 Clinical Nutritionist (Australia)
 Master of the Institute for Human Potential (Blood Type Certification) (USA)
 Certification in GeneProfiling and Intervention

Homoeopathy

Classical Homoeopathy and Complex Homoeopathy (Australia)
 Homotoxicology (Australia, USA and Italy)

Manual Medicine

Applied Kinesiology, Total Body Modification (Australia)
 Manual Therapy (UK)

Craniosacral Therapy (CST Certified) (USA)
 Lymphatic Drainage (USA)
 Neural Manipulation (USA)
 Visceral Manipulation (USA)

Certification in Functional and Anti-Ageing Medicine

German Functional Medicine (Bioreasonance) (Germany)
 European Functional Medicine (Training with Dr Thomas Rau in Cancer Management) (USA)
 American Functional Medicine (Functional Medicine University) (USA)
 Anti-Ageing Medicine (American Academy of Anti-Ageing Medicine) (USA)
 Defeat Autism Now Network Training in Autism (USA)

Presentations at Conferences

Organiser of the Complementary Medicine Pacific Rim Conference – Singapore 2004
 Allergy Management with Homeopathy - HML Congress – Malaysia 2005
 An Integrated Approach to Complementary Medicine for the New Millennium – Thailand 2006
 Gut Toxicity and Anti-Ageing - American Academy for Anti-Ageing Medicine – Singapore 2008
 Biomedical Approach to Treatment of Autism – Conference – Singapore 2008



251A Bugis Village, Victoria Street, Singapore 188035
 Telephone: 65-6323 6652 Fax: 65-6336 0778
 www.sundardasnaturopathy.com email: admin@naturaltherapies.com
 Autism website: www.autism-singapore.com Blog: www.blog.drundardas.com
 Mon to Fri: 10:00am to 7:00pm Alternate Sat: 10:00am to 1:00pm



*Asia's First ISO Certified and
 Award Winning Natural Medicine Centre*

**Asian Integrated Gut Brain and Pain Management
 Natural Medicine Centre**

SERVING THE COMMUNITY FOR 28 YEARS

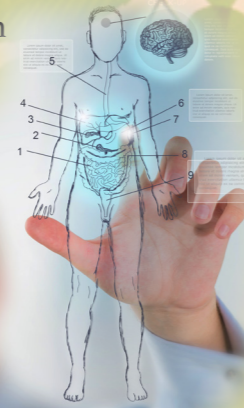


Operating since 1989, our healing strategy has gone through a transformation from traditional naturopathy to a powerful blend of tradition and technology.

While still maintaining traditional rapport with clients and natural medicine, cutting-edge equipment and technology has been added to multi-diagnose as well as manage your problem.

Naturopathic physicians treat conditions that cause imbalance.

We specialise in integrative manual medicine to help reduce pain, prevent re-injury and improve the quality of your life.



History and Development

Sundardas Naturopathic Clinic was formerly known as Natural Therapies Research Centre (NTRC). The centre was co-founded by Dr Sundardas D. Annamalai and Mdm Chuah Ai Mee.

About the NTRC Healing System

Unique clinical protocols have been systemized to look after you from the moment you step into our centre. On your first visit, you will probably be scheduled a series of tests at the Naturopathic Diagnostic Laboratory (this depends on the nature of the condition you are seeing us for).

When your test results are ready, the physician will give you the results and an overview of your complete treatment programme.

Naturopathic Diagnostic Laboratory

Since the first bio-energetic equipment was added in 1993, constant up-dating and training in America, Australia, Europe and Asia - and the setting up of a special NTRC clinical diagnostic protocol - has ensured that the Centre is able to help in the healing of mysterious, complex and difficult health problems with measurable results.

The Naturopathic Diagnostic Laboratory was officially launched in January 2002.

Scope of Practice

AUTISM SPECTRUM DISORDER:

Autism, Aspergers, ADD, ADHD, Dyslexia, Dyspraxia, PDD, Tourette's Syndrome

AUTO-IMMUNE:

Rheumatoid Arthritis, Systemic Lupus Erythematosus (SLE), Ankylosing Spondylitis (ALS)

CANCER:

Pre-screening, Adjunct therapies

DERMATOLOGICAL:

Acne, Angioedema, Canker Sores, Dermatitis, Eczema, Itching, Rash, Urticaria (Hives)

ENDOCRINAL:

Amenorrhoea, Diabetes, Menopause, Osteoporosis, PCOS, PMS, Natural hormonal replacement and Anti-ageing

GASTROINTESTINAL:

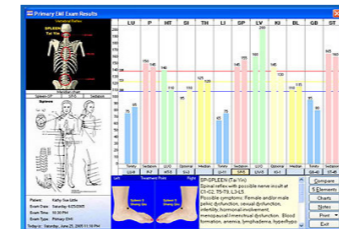
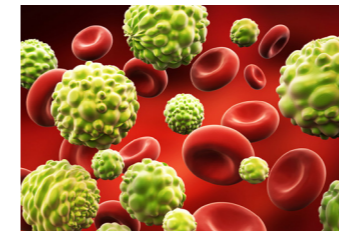
Abdominal pain, Colitis, Constipation, Diarrhea, Duodenal Ulcer, Fatty Liver, Flatulence, Gastritis, Gallstones Infantile Colic, Loss of Appetite, Ulcerative Colitis, Duodenal Ulcer, Irritable Bowel Syndrome, Celiac Disease, SIBO

GENOTOURINARY:

Bed-Wetting, Chronic Bladder Infections,

IMMUNE:

Chronic or Recurrent Infections,



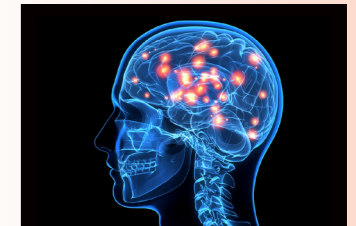
MUSCULOSKELETAL:

Back Pain, Bursitis, Fibromyalgia, Headaches, Herniated Disc, Hip Pain, Joint Pain, Migraine, Neck Pain, Sciatica, Scoliosis, Shoulder Pain, Tingling fingers and toes, Temporal Mandibular Joint Syndrome, Whiplash



NEUROLOGICAL:

Anxiety, Burnout, Depression, Fatigue, Insomnia, Irritability

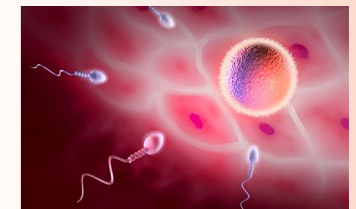


OTHERS:

Fainting, Hypoglycemia, Anaemia, Eosinophilia, Arrhythmia

RESPIRATORY:

Asthma, Coughing and Wheezing, Chronic Rhinitis, Asthma, Recurrent Bronchitis, Recurrent Croup, Recurrent Otitis Media, Sinusitis



WOMEN'S WELLNESS:

Anti-ageing, Natural Fertility Management

